# STD/FIIV PREVENION TRAINING Centers

# Training Programs

Clinical & Laboratory

Behavioral & Social Interventions

Partner Services & Program Support





#### **MISSION**

The National Network of STD/HIV Prevention Training Centers (PTCs) is a CDC-funded group of regional centers created in partnership with health departments and universities. The PTCs are dedicated to increasing the knowledge and skills of health professionals in the areas of sexual and reproductive health. The National Network provides health professionals with a spectrum of state-of-the-art educational opportunities, including experiential learning with an emphasis on prevention.

#### **ORGANIZATION**

Within the National Network of STD/HIV Prevention Training Centers, 10 centers provide STD clinical training, four centers provide behavioral and social intervention training, and four centers provide partner services and program support training. Exact course offerings vary by PTC. Contact the PTCs serving your geographic area for additional information and a schedule of courses. (See the map on page 11 for the PTCs serving your area).

Visit the National Network of STD/HIV Prevention
Training Centers Web Site:
http://depts.washington.edu/nnptc/

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#### STD CLINICAL TRAINING

STD clinical training courses provide up-to-date information to public and private clinicians who diagnose, treat, and manage patients with STDs. Most courses devote 50% of class time to clinical and laboratory experience under the guidance of a qualified preceptor. Standard clinical training courses are 3- to 5-days in length, but PTCs also offer clinical training courses in the following formats:

- ♦ 1- to 2-hour "Grand Rounds"
- **♦** Teleconferencing
- ♦ Home Study
- ♦ On-site Courses (upon request)
- ♦ WEB-based Courses

#### Course Offerings -

#### STD Intensive

This 5-day introductory clinical training course for clinicians working in STD or other primary care clinics encompasses up-to-the-minute information about priority and prevalent STDs. The course includes diagnosis, treatment, and management of STDs; clinic protocols and medical record format; clinic flow; performance standards for clinician-patient interactions; sexual history-taking and physical examinations; universal precautions; STAT testing procedures for point-of-service laboratories; clinical quality assurance; and an overview of disease intervention techniques. The course includes lectures and case studies, and 50% of on-site time is devoted to clinical and laboratory experience. The length of the course is 5 days, but a shorter 3-day version, the *Part-time STD Intensive*, also is available.

#### Laboratory Methods

This course is targeted to personnel who perform STAT testing procedures in a point-of-service laboratory that supports STD clinical services. The course of study depends on current disease prevalence, and it may include procedures for bright-field and dark-field microscopy; endocervical and urethral specimen slide preparation; presumptive culture identification; rapid tests and an overview of current testing developments; laboratory records and protocols; and laboratory quality assurance. The course is based on a lecture format, but it devotes a minimum of 50% of class time to laboratory experience. The course length varies from ½ day to 3 days.

#### STD CLINICAL TRAINING (cont.)

#### STD Update for Clinicians

This is a 1- to 2-day overview of current STD medical practices. The course may be tailored to meet specific needs relative to current disease prevalence and medical developments. To accommodate large audiences, a lecture format is utilized, along with limited case study presentations.

#### HIV/AIDS Update

This is a 1- to 2-day overview of current HIV/AIDS medical developments. To accommodate large audiences, a lecture format is utilized, along with a limited number of case study presentations.

#### —— Additional Course Offerings———

- ♦ Advanced STD Clinical Training
- ♦ Two-week STD Comprehensive
- ♦ Phlebotomy
- ♦ STDs and Community Health Workers
- ♦ STD Examinaton Skills Course
- ♦ Wet Prep Workshop

#### \_\_CENTERS PROVIDING \_\_\_ STD CLINICAL TRAINING

California STD/HIV PTC
Cincinnati STD/HIV PTC
Dallas STD/HIV PTC
Denver STD/HIV PTC
Florida STD/HIV PTC
Region II STD/HIV PTC
Region III STD/HIV PTC
Seattle STD/HIV PTC
STD/HIV PTC of New England
St. Louis STD/HIV PTC

# BEHAVIORAL AND SOCIAL INTERVENTION TRAINING

The Behavioral and Social Intervention Training courses are intended to assist a diverse audience of health professionals in public, private, and community sectors. These courses are designed to develop skills and strategies to prevent or reduce behaviors that place persons at risk for STD or HIV infections. Most courses include an experiential component, and they are best suited for providers who deliver STD and HIV interventions directly to clients, supervisors of those providers, and persons who plan STD/HIV intervention programs in a community- or clinic-based setting. Upon request, some courses can be brought to local communities. Courses based on CDC's *Compendium of HIV Prevention Interventions with Evidence of Effectiveness* are in development and will be available soon.



#### Bridging Theory and Practice: Applying Behavioral Theory in STD/HIV Prevention

This 2-day course presents an overview of behavioral and social science theories and factors that influence behavior. It provides user-friendly methods for applying theory to program development and for selecting effective prevention interventions.

## Comprehensive Introduction to Effective STD/HIV Behavioral Interventions

This 5-day intensive course provides a comprehensive overview of behavioral interventions, as well as other factors that are important to program planning. Didactic and skill-building sessions explore individual, group, and community-level interventions; public information; key behavioral theories; a literature review of effective prevention strategies; the social context of HIV; the usage of epidemiological data in program design; program evaluation; and harm reduction as a prevention strategy. Four of the five days include field practicum activities.

#### **Group Process and Facilitation Skills**

This 3-day basic course emphasizes group process and development. It focuses on the development of participants' skills in leading and participating in groups. Skills are expected to be useful for facilitating many different types of groups including workshops, planning groups, training groups, focus groups, and work teams.

#### BEHAVIORAL AND SOCIAL INTERVENTION TRAINING (cont.)

#### Behavioral Counseling for STD/HIV Prevention

This 3- to 5-day course provides an overview of behavioral and social science theory and reviews effective behavioral counseling interventions. The focus is on a specific counseling model adapted from the Transtheoretical Model of Behavior Change that emphasizes sexual, substance use, and health care seeking behaviors. Using this stage-based behavioral counseling model, participants are trained to assess each client's stage of readiness for change and to utilize one of 12 counseling strategies to effect behavior change.

#### Community-level STD/HIV Behavioral Interventions

This 3- to 4-day intensive course provides comprehensive training in the development and implementation of community-level intervention. The didactic content explores methods for assessing the needs of communities; key behavioral theories; theory-based street outreach techniques; the role of targeted small media in diffusion of messages; and community mobilization methods. Skill-building sessions focus on community ethnographic work, outreach, and development of role model stories as small media materials.

#### — Additional Course Offerings —

- ♦ Planning and Evaluating STD/HIV Behavioral Interventions
- ♦ Risk Reduction through Client-centered Counseling
- ♦ Sexual Communication: Interventions for Individual Behavior Change
- Community Identification: Learning About the Community First
- ♦ Prevention Case Management
- ♦ Behavioral Interventions wth Incarcerated Women and Adolescents
- ♦ Behavioral Interventions within Native American Communities
- ♦ Effective STD/HIV Prevention Interventions for Groups
- ♦ Working with Communities to Achieve Change
- ♦ STD Overview for Non-clinicians
- Use of Behavioral Counseling with Clients Living with HIV/AIDS

## \_\_\_\_\_ CENTERS PROVIDING \_\_\_\_\_ BEHAVORIAL AND SOCIAL INTERVENTION TRAINING

California STD/HIV PTC
Denver STD/HIV PTC
New York State STD/HIV PTC
UT Southwestern STD/HIV PTC

# PARTNER SERVICES AND PROGRAM SUPPORT TRAINING

Partner Services and Program Support Training courses are designed for federal, state, and local public health professionals, especially those working in STD/HIV prevention programs. Several courses focus on training to help develop the skills of disease intervention specialists and prevention counselors; other courses are designed to support STD and HIV prevention programs at state, local, and community levels. Courses range from 1 day to 2 weeks, and experiential learning under the guidance of qualified preceptors is integral to all the course offerings.



#### Introduction to STD Intervention (ISTDI)

This 2-week course is designed for full-time STD Disease Intervention Specialists. It focuses on development of skills and techniques for interviewing STD patients in order to identify sex partners for referral to medical evaluation. It also focuses on how to help patients manage current infections and prevent future ones. Participants practice communication, problem solving, and motivation skills in role-plays in which the participant receives feedback from the instructor and class members. ISTDI content includes an introduction to visual case analysis for syphilis, case management, medical aspects of STDs, and an explanation of intervention forms.

#### Fundamentals of STD Intervention

This 1-week course is designed especially for health care workers who interview STD patients. It provides participants with basic STD interviewing skills. The course addresses the basics of individual case analysis but does NOT provide in-depth training on visual case analysis for syphilis, case management, medical aspects of STDs, or an explanation of intervention forms. Course content emphasizes improvement of healthful behaviors of STD patients and prompt referral of sex partners.

#### HIV Partner Counseling and Referral Services (PCRS)

This 3-day course provides health care personnel and counselors with the knowledge and skills to conduct partner counseling, elicitation, and field-oriented HIV partner notification. Participants develop skills by role-playing situations likely to be encountered in an HIV field investigation. A prerequisite for this course is the successful completion of a course in HIV prevention counseling.

#### PARTNER SERVICES AND PROGRAM SUPPORT TRAINING (cont.)

### Training/Operations for Safety Around Field Encounters (TOPSAFE)

This 2-day interactive skill-building course is for public health professionals who are involved in fieldwork, such as full-time Disease Intervention Specialists or community outreach workers. Participants experience situations associated with basic safety principles, interpersonal communications, and problem solving. This course also is available in a self-study format.

#### ——— Additional Course Offerings ———

- ♦ Social Marketing for STD/HIV Prevention
- Clustering Techniques
- ♦ STD Program Evaluation
- ♦ Chlamydia Partner Management for Family Planning Providers
- ♦ Partner Services and Referral for Health Care Professionals
- ♦ Fundamentals of STD Intervention: Case Management Focus
- ♦ Partner Services for Health Care Professionals (PSP)

# CENTERS PROVIDING \_\_\_\_\_\_ PARTNER SERVICES AND PROGRAM SUPPORT TRAINING

California STD/HIV PTC Denver STD/HIV PTC New York State STD/HIV PTC Texas STD/HIV PTC

#### **CONTACT INFORMATION**

#### STD CLINICAL TRAINING CENTERS

Serving	HHS	Region	X
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Alaska, Idaho, Oregon, Washington

#### **Seattle STD/HIV PTC**

901 Boren Avenue, Suite 1100 Box 359932 Seattle, WA 98104 (206) 685-9846

#### Serving HHS Region IX

American Samoa, Arizona, California, Guam, Hawaii, Nevada, Trust Territory of the Pacific Islands, Marshall Islands

#### California STD/HIV PTC

1947 Center Street, Suite 201 Berkeley, CA 94704 (510) 883-6600

#### **Serving HHS Region VIII**

Colorado, Montana, North Dakota, South Dakota, Utah, Wyoming

#### **Denver STD/HIV PTC**

DCEED-STD-A3 4300 Cherry Creek Drive South Denver, CO 80222-1530 (303) 436-7226

#### **Serving HHS Region VII**

Iowa, Kansas, Missouri, Nebraska

#### St. Louis STD/HIV PTC

Washington University School of Medicine 660 S. Euclid, Box 8051 St. Louis, MO 63110-1093 (314) 747-0294

#### **Serving HHS Region VI**

Arkansas, Louisiana, New Mexico, Oklahoma, Texas

#### **Dallas STD/HIV PTC**

Dallas County Health & Human Services Dept. 2377 North Stemmons Freeway Dallas, TX 75207-2710 (214) 819-1947

#### CONTACT INFORMATION (cont.)

#### STD CLINICAL TRAINING CENTERS

#### Serving HHS Region V

Illinois, Indiana, Michigan, Minnesota, Ohio, Wisconsin

#### Cincinnati STD/HIV PTC Cincinnati Health Department 3101 Burnet Avenue Cincinnati, OH 45229 (513) 558-3197

#### Serving HHS Region IV

Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee

#### Florida STD/HIV PTC

Hillsborough County Health Department 1105 East Kennedy Boulevard Tampa, FL 33602 (813) 307-8000, Ext. 4599

#### Serving HHS Region III

Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, West Virginia

#### **Region III STD/HIV PTC**

Baltimore City Health Dept. 210 Guilford Avenue, 3<sup>rd</sup> Floor Baltimore, MD 21202-3621 (410) 396-4448

#### Serving HHS Region II

New Jersey, New York, Puerto Rico, U.S. Virgin Islands

#### Region II STD/HIV PTC

New York City Department of Health STD Control Program 125 Worth Street, Box 73 New York, NY 10013 (212) 788-4441

#### Serving HHS Region I

Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont

#### STD/HIV PTC of New England

Massachusetts Department of Public Health Division of STD Prevention 305 South Street Boston, MA 02130 (617) 983-6945

#### **CONTACT INFORMATION**

## BEHAVIORAL AND SOCIAL INTERVENTION TRAINING CENTERS

Serving HHS Regions X and IX

#### California STD/HIV PTC

1947 Center Street, Suite 201 Berkeley, CA 94704 (510) 883-6600

Serving HHS Regions VIII, VII and V

#### **Denver STD/HIV PTC**

DCEED-STD-A3 4300 Cherry Creek Drive South Denver, CO 80222-1530 (303) 436-7267

**Serving HHS Regions VI and IV** 

#### **UT Southwestern STD/HIV PTC**

University of Texas Southwestern Medical Center 400 South Zang Boulevard, Suite 520 Dallas, Texas 75208 (214) 944-1068

Serving HHS Regions III, II and I

#### New York State STD/HIV PTC - Rochester

Center for Health and Behavorial Training 691 St. Paul Street, 4<sup>th</sup> Floor Rochester, NY 14605-1799 (716) 530-4381

#### **CONTACT INFORMATION**

# PARTNER SERVICES AND PROGRAM SUPPORT TRAINING CENTERS

Serving HHS Regions X and IX

#### California STD/HIV PTC

1947 Center Street, Suite 201 Berkeley, CA 94704 (510) 883-6600

Serving HHS Regions VIII, VII and V -

#### **Denver STD/HIV PTC**

DCEED-STD-A3 4300 Cherry Creek Drive South Denver, CO 80222-1530 (303) 692-2722

**Serving HHS Regions VI and IV** 

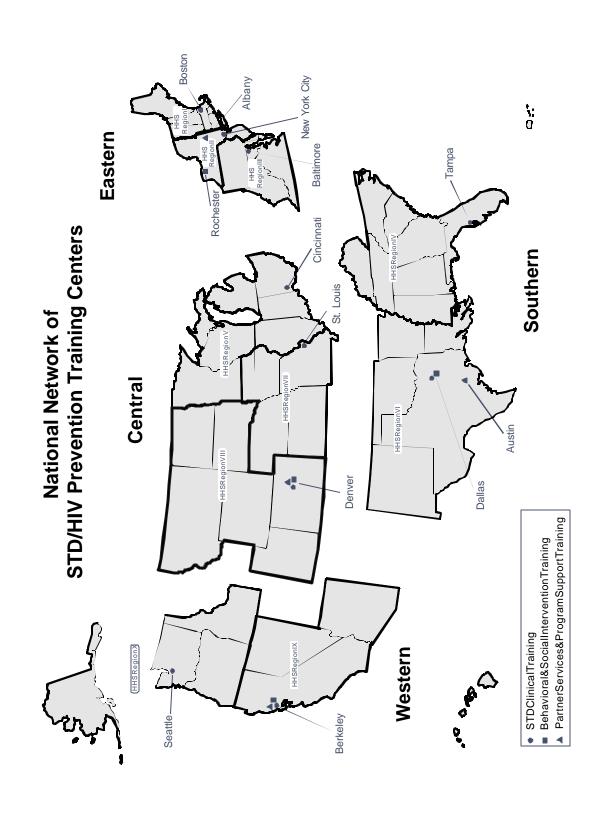
#### **Texas STD/HIV PTC**

Texas Department of Health Training and Public Education Branch 1100 West 49<sup>th</sup> Street Austin, TX 78756 (512) 490-2535

Serving HHS Regions III, II and I -

#### New York State STD/HIV PTC - Albany

New York State Department of Health Bureau of STD Control Empire State Plaza, Room 1168 Albany, NY 12237 (518) 474-3598



#### **ADDITIONAL INFORMATION**

#### **Continuing Education Credits**

Continuing education credits for physicians, nurses, health educators, physician's assistants, social workers, and mental health personnel are available for many of the PTC training courses. Check with individual PTCs for details.

#### Course Registration

Register for courses directly with each PTC. Early application is advised, as courses often fill several months in advance.

#### Fees

Some PTC courses require a registration fee. Check with individual PTCs for fee schedules.

#### Web Site

For information about the National Network of STD/HIV Prevention Training Centers, including a schedule of courses, contact the PTCs directly or visit the National Network PTC Web site at:

http://depts.washington.edu/nnptc/